# BICKOYES NEWSLETTER



- \*\*StarSpirit International, Inc. 10th\*\*
- \*Anniversary Commemorative Issue\*

### 10 Years 1999 - 2009

### SPECIAL ISSUE

Year 2009 Vol. 11 Published by StarSpirit Press

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# Manifesting Something Divine in 2009!



Pictured, above, are 4 of the 37 StarSpirit Scholars being supported across the 2009-2010 academic year by sponsors in the United States through StarSpirit International, Inc.. This is the 5<sup>th</sup> year of the StarSpirit Scholars Program—as just one example of the many success stories that are a part of the reason for celebrating the 10 Year Anniversary of StarSpirit International, Inc. Each year, our sponsors receive a photograph of their StarSpirit Scholar(s), as part of a thank you card sent out by StarSpirit. This year, it costs \$180 to sponsor a StarSpirit Scholar, as an ideal Holiday gift for someone you know—a gift that keeps on giving year-round!

We are so grateful here at StarSpirit! Imagine a vision turning into a mission, and having a 10 year record of success! This special 10 Year anniversary issue celebrates all that we have accomplished as the blessing of sustained service to communities in the United States and Africa.



### Statement of Purpose

Biako Ye Newsletter is a quarterly news journal published by StarSpirit Press. It provides information for and about the African community, linking the Akan family throughout the Diaspora.

### **Biako Ye News Staff Members:**

Nana Korantema Ayeboafo, Executive Editor Dr. Barbara Wallace, Chief Editor Photographs by: Barbara Wallace David Bey, Graphics Consultant

### Biako Ye is pronounced:

Bee yah ku yeh.

### Manifesting Something Divine in 2009! Celebrating the 10 Year Anniversary of StarSpirit International, Inc. 1999-2009

The smiling faces of just some of our 37 2009-2010 academic year StarSpirit Scholars are concrete manifestation of the greater good being accomplished by our organization. Their smiles embody the gratitude that so many have felt because of our projects across the years. One such project that occurred this past October 2009 involves the installation by StarSpirit of new screens on all the windows of the Larteh Local Authority Primary School in Ghana, as shown below. Collectively, these photographs document just some of the latest contributions of StarSpirit International, Inc.—while we stand with pride upon a 10 year record of valuable accomplishments. Please enjoy the special content in this StarSpirit International 10<sup>th</sup> Anniversary Commemorative issue of the BiakoYe Newsletter: our evidence of manifesting something divine in 2009!







### From the Editor's Desk

### MANIFESTING SOMETHING DIVINE IN 2009! Celebrating 10 Years of StarSpirit International, Inc.— 1999 - 2009



Greetings,

November 2009 marked the 10 year anniversary of the formal incorporation of StarSpirit International, Inc. It seems like only yesterday that I selected the StarSpirit logo, and motto—Be Your Higher Self! I remember the early days of StarSpirit when I spent long days and nights sitting alongside David Bey, our graphic artist, while selecting the layouts for the first StarSpirit letterhead, business cards, and BiakoYe Newsletter—the main vehicle for communicating about StarSpirit. Ten years have passed, and I have a heart full of gratitude for each and every year, including all of our accomplishments and success stories. We have also experienced the negative repercussions of our success; this includes, a growing roster of activities that have expanded to the point that we have only been able to produce one BiakoYe Newsletter for each of the 2008 and 2009 calendar years. This is despite our history as a quarterly newsletter.

The year 2009 has been divine! It has been my busiest year of travel, allowing me to enjoy Ghana, Jamaica, India, China, and then Ghana, once again. I am truly blessed, indeed! And, I am humbled by the knowledge that the creator saw fit to fill 2009 with so many blessings, as a prelude to my experiencing the sudden transition of my mother last month. Yet, November 2009 must remain etched in my memory as a time of sacred celebration for the life and homecoming of my beloved mother, as well as for the birthday of the organization to which I gave birth some 10 years ago, as the Founder and Chief Creative Officer.

Meanwhile, I must also celebrate how even after 10 years of service, StarSpirit International, Inc. is manifesting something divine! Last October, during my most recent trip to Ghana, StarSpirit provided new screens for the windows of the entire Larteh Local Authority Primary School building. Also, other projects were a point of focus during my last Ghana trip, even as the current stages of planning require the exercise of wisdom in delaying all public announcements. I also officially promoted to the position of Program Coordinator, Sophia Boateng, the young woman who now effectively oversees the StarSpirit Scholars Program in Larteh-Kubease, Ghana. This year we have 37 StarSpirit Scholars, due to the ongoing generosity of our StarSpirit Family of Donors. We are celebrating our 5<sup>th</sup> year of the StarSpirit Scholars program. Our theme for this program follows the wisdom of an Elder in the Philadelphia

Community who urges others, as follows: "Instead of giving a gift to someone who has everything, send an African child to school," making a donation to StarSpirit International, Inc. in the name of the person "gifted"-so to speak. We are currently inviting new donors to join the program at this holiday season time, and reminding our long-standing donors that it is that time of year to renew their commitment. In this manner, StarSpirit creates opportunities for others to engage in philanthropy that promotes sustainable health, education, and global economic development. As another main focus of activity, StarSpirit supports the dissemination of cultural and educational programs in the United States and across the Diaspora. We also deliver empowerment programs and counseling for women, men, and youth in the United States and Africa that helps them to engage in the self-determination of their own social, cultural, educational, health, and economic development.

Here in Philadelphia, the mentoring of youth and delivery of cultural arts programming has been a main focus—including both school-based and community-based projects. For example, the Cultural Arts Renaissance Affair (December 12, 2009) represents a main focal point of activity across the many months preceding our now annual December presentation of the revival of the original choreography of Arthur Hall via the Arthur Hall Afro American Dance Ensemble Alumni (AH-AADEA); I am proud to be the Artistic Director of the AH-AADEA. Thus, it is also through co-producing the 2<sup>nd</sup> Annual AH-AADEA live dance and music concert that StarSpirit International, Inc, is manifesting something divine in 2009!

It is my hope that you find something of value in our special selections for this 10 year anniversary commemorative edition of the 2009 BiakoYe newsletter. In keeping with manifesting something divine in 2009, the substance of this newsletter involves spiritual information and ancient healing wisdom—specifically coming from Nana Boafo Tigare and Nana Asi Ketewa. Nana Boafo Tigare came forth from the womb of creation as a spark of light with the Angelic Hosts and provides powerful information about the transformation that is upon us—often referred to as 2012; meanwhile, Nana Asi Ketewa is the Okyeame for the Nene Akonedi Shrine of Larteh—Kubease, Ghana and provides powerful information from a forthcoming book entitled Celestial Prophecies, while speaking from the third quarter of the heavens.

With regard to the provision of the divine information being brought forth via this newsletter in relation to 2012, I can add my own knowledge. I travelled to Guatemala in 2004 and sat with the Mayan Elders, as well as drummed in ceremony, while representing Africa. At that time they were waiting for the Africans to rise and take their rightful place for the evolution of humanity. The Mayan elders told me that with the coming transformation we would be able to receive an abundance of love; and, this coming time does not mean the end of the world. It does not mean anything we should fear. It is not about thinking or imaging anything that brings about the energy of fear. The transformation is a natural occurrence. It is just that the last transformation on this magnitude happened so long ago that there is no record and no one to tell you what it will be like to experience it. It is definitely not a time for us to be afraid or fear. There will be those among us who will try to exploit our ignorance. Moreover, this is not the last major transformation of the earth. It is not the first and it is not the last. But, life as we know it will definitely change. We are rising to a dimension of love.

I might add an additional message. Each ethnic and racial group of people has a place on Mother Earth. It is our ability to work together in harmony that is key to all things in the universe achieving balance. It is this lack of balance that results in the larger imbalances that we see in the world. During the current and coming transformation, it is vital that people stay calm—not letting their minds go to any negative things or images. This is important for achieving and maintaining balance.

To reach 10 years is to soar to higher heights. I think the StarSpirit mission is just as viable today, as it was 10 years ago. This is especially so, given the place where we find people of African descent and African people. Consider what abounds: disrespect; violence/oppression; inequities relative to health,

education, and economics; and, the ever so high and disproportionate rates of incarceration, drug abuse, and physical ailments. This is all evidence of the ongoing need for the StarSpirit mission. Yet, I am hopeful.

Change cannot come soon enough for me. We are evolving to a better reality. I am excited about humanity crossing the threshold into a new era where to truly be my sisters' and brothers' keeper may manifest; this has always been a personal goal for me. I offer through this newsletter edition that which may assist in the work of enlightening others, thereby making available spiritual information. Perhaps

this information can be used to encourage each person to consider taking on their personal responsibilities relative totheir own spiritual enlightenment and personal growth consistent with the demands of the new era of transformation. I also hope to witness our community healing from the wounds of enslavement, colonialism, disenfranchisement, and a sense of isolation. To be isolated from true wealth and sufficient resources in the absence of the experience of belonging to an African-centered community necessitates my heartfelt prayer: that people of African descent can accept being related to all other African people of the Diaspora; that one day we will be recognized enormous for the contributions we have made in all areas of society; that all will rise and be one's higher self; that we accept that we are a great people, and a beautiful people, as well as a part of divine creation; that we can will ourselves to expect good things and aspire to do great things; and, that we can release negativity, low self esteem, and being confined to the misfortunes of the past.



My prayer is in keeping with the Mayan Elders' waiting for the Africans to rise and take their rightful place for the evolution of humanity. Thus, my prayer is for this to manifest as celestial prophecy fulfilled. Yet, we must collectively image and picture it for as many years as it takes to manifest it. My prayer opens the door to us being great right now and changing the world by changing ourselves.

Like the petals of a Rose, my love for you keeps unfolding,

Mana Akomfohene Korantema Ayeboafo

Chief Creative Officer, StarSpirit International, Inc.

### Manifesting Something Divine in 2009! TIGARE SPEAKS ON UNDERSTANDING 2012 AND THE COMING CHANGES

Nana BoafoTigare is an Angel. Tigare is shown dancing at the Nene Akonedi Shrine in Larteh-Kubease Ghana, Africa in the photograph, below. For more information, please purchase the book TIGARE SPEAKS: LESSONS FOR LIVING IN HARMONY (2005, StarSpirit Press)



This is a time of great transformation. Our planet is shifting to a new awakening. Nothing remains the same. Life is in perpetual motion. The life of this planet and other planets and galaxies are in motion and ever changing. Just as there have been periods of escalating changes across the ages, there is always motion and always change. When you find that major galaxies and planets are changing their positions, then it has a profound effect on the universe. If we can accept that there is change and perpetual motion, then we should be able to accept that there is change.

Thus, the changes that people have started to talk about relative to 2012 have already begun. And, the changes should not be seen as an attack against humanity or the life of any living entity. It is a transformation that is significant, because nothing that we know of today will be the same. People should understand that it is a motion of the universe and the supporting galaxies to a different plane of existence—in that this kind of change has not taken place in more than 26,000 years; and some changes have not occurred for a period even longer than that. There is presently not an accessible record. And, so, that is why there is so much importance attached to this transformation. And, it should not be one that is thought of with fear.

Open your mind and your heart, and welcome that life on the planet as we know it can improve; this is a recommended way of accepting change. The confusion, mistrust, and separation that exist today can change for the better—given the current changes underway: where the abundance that is here on planet Earth may be divided in a way that permits everyone to gain access. The imbalance that we see with some nations being very wealthy and some very poor is certainly something that needs to change. And, it will change.

One needs to ask themselves, can they welcome in the change or be resistant to change? Resistance means that everything will be difficult for you, because the change is inevitable. People have to believe that they will be better off. This facilitates welcoming the change.

The changes one may welcome include many tangible and observable positive phenomena. In terms of the beauty that you find on the earth, it will be much more lavish. You will be able to see many more constellations. The overall energy surrounding the planet Earth will rise to a higher dimension. People will be more prone to love each other, rather than to destroy each other.

To call it like a dawning of a new golden age could be appropriate, as long as people do not think you mean gold like money or riches; this is because the need for capital and amassing wealth will take on a new meaning—meaning one's ability to share with others.

The best way for people to prepare themselves is to surrender their old modes of thinking, in particular, with regard to feeling that the responsibility for one's enlightenment or one's inspiration is geared toward another human being. Instead, accept that each person's enlightenment and inspiration has to come from within. Each person is responsible for changing the way that they view the creative spirit—who is not like a person.

Rather, the creative spirit is a very vast entity of divine light, of illuminating light of extreme value to each and every thing that comes in contact with this force. The divine force is not petty. It does not inflict pain and suffering, but, instead, provides for our need to expand, provides for our need to be satisfied. Vital is the understanding that there is enough for everyone—as there is abundance on planet Earth. It is better for people to feel that the creative force is working for their betterment and that the stories and myths that they are hearing (e.g. the movie 2012) are from someone's imagination and for purposes of entertainment and the opportunity to make money off of the whole concept that there is a change ahead.

In some societies, they have been talking about this change for many years and it has been recorded that the change is inevitable. It will unfold. But, it *does not mean* that the earths' surface will erupt and not be a place suitable for habitation by human beings.

There will definitely be less value and need for material things. So, when people start to simplify their lives and affairs, now, that is the best approach to take as preparation for the major change. People can begin to change their psychological outlook with regard to life and the world as human beings will come to experience it. Among the recommended ways to prepare and simplify, it is wise to look at diet and the way that we eat. It is recommended that people limit the intake of processed foods and reliance on the flesh of other animals. This is because you will not need this kind of mass as a part of the diet, or as a part of your physical make-up. There are many reasons for this recommendation. For one, the temperature overall on the planet will rise. Thus, the intake of heavy foods will not be needed. Even now, the majority of the population eats more than they really need. This is because of the way that human beings now engage in work, primarily having evolved to include the use of technology. People are no longer engaged in the work of farmers. Those who were once engaged in a lot of strenuous work needed more mass. Yet, this is no longer the case for the majority of people, and will not be the case as we go through the transformation. As a result, the need to intake or digest foods that give us mass is no longer compelling, as it was for farmers. Thus, the recommendation is for people to reduce the physical mass of the body (i.e. weigh less)—which will undoubtedly go through changes.

This is a definite time for human's to be concerned with their own humanity and the humanity of others in the environment, and start to treat themselves and others with respect. This is as time to identify the commonalities with regard to what human beings all need, as opposed to being focused on the differences. This is because the creator is not concerned with the different colors of human beings' skin, and those who continue to play the game of divide and conquer— based upon race, social status, finances—will find that these things will no longer have the importance placed upon these things before the change; and, race, social status, and socioeconomics will not be used to cause the problems that they are causing now.

Ask yourself what things that are a part of your reality and a part of your world that you would like to see changed, and then start to make the changes now. Hence, there are changes that one can begin to make now, and other changes that are inevitable, because of the transformation. For example, people will be forced to relinquish violence. They will be forced not through a matter of violence or oppression, but rather as a matter of choice. People will become more loving and tolerant of others. Look forward to change, and do the necessary things to prepare for the change that is inevitable; and, do not be afraid.

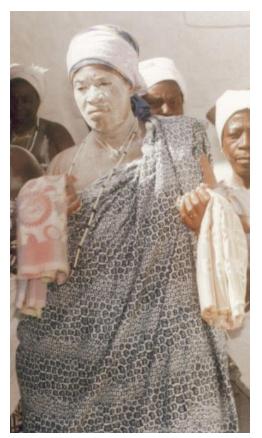
Once, again, there are many changes to look forward to, as things that are very positive. For example, intuition will be heightened. All sensitivities will be heightened; and, inner knowing, or higher knowing will be part of the evolution or transformation process. This includes telepathic communication.

This is a great time to be alive. This is quite a magnificent journey upon which planet Earth and its inhabitants are embarked at this time. It is a time of great expectancy. So, in our expectations we must expect better things, and wonders to manifest in this time/space. For those people who believe that they have a great contribution to humanity to make, they should ever so firmly believe in that greatness and work steadfastly on improving their self—in order to be more open to assist others; and, to interact with compassion, and experience a love of self and others. It is also important for human beings to incorporate forgiveness, as a way to resolve differences. Also, important is to have the acceptance that diversity is part of creation. And, that each person and each group of people that are living on planet Earth are here, as they are supposed to be here. Moreover, human beings are supposed to share with everyone else. The need to dominate and to control others is really a man-made out—dated condition that must come to an end.

Human beings are moving towards a new way of seeing the world and a new way of living. Human beings, such as those alive today, may not witness the end of ALL oppression in their lifetimes, but the human species is definitely moving toward a new way of seeing the world and a new way of living.

### Manifesting Something Divine in 2009! CELESTIAL PROPHECIES: ANCIENT WISDOM FROM NANA ASI KETEWA

Excerpts from a forthcoming book, Celestial Prophecies: Ancient Wisdom From Nana Asi Ketewa, by Nana Akomfohene Korantema Ayeboafo. The article and book are based on information provided by Nana Asi Ketewa (see photos in article), The Okyeame of the Nene Akonedi Shrine of Larteh-Kubease, Akwapem, Ghana, Africa



### **Introduction to Celestial Prophecies**

A prophecy represents the manner in which there are things decreed from realms that are from a plane free of the control and manipulations of human beings. Celestial prophecies are based on the interpretation of information that comes from celestial dimensions, involving nothing that is Earth-bound. Thus, when we speak of celestial prophecies, we are speaking of those things that are not of this plane, yet they affect the lives of everyone and everything on planet Earth. The celestial prophecies are teachings regarding what has been decreed and may manifest—being provided at this time, in order to facilitate a greater understanding of the entire world of existence. Celestial prophecies can facilitate human beings coming to know of a whole life and realm that is functioning outside of human existence. When the awareness of this realm is merged with human existence, then life is enriched. Moreover, the spiritual counterparts that coexist with human beings can then be summoned and given an opportunity to participate in human existence—providing support and assistance for human development.

African Americans, in particular, have to accept that they have been functioning with a void, in terms of their

spiritual reality. This has much to do with their historical traumatic separation and displacement from the enslavement experience, as well as centuries of oppression, related wounds to their identity, and loss of the experience of African community and traditional spiritual practices. Because of this, there are many destructive forces that interfere in their everyday lives—causing depression, suffering, and the annihilation of bliss. However, the extent to which one expands their spiritual reality and related base of knowledge by virtue of exposure to a celestial prophecy is not measured by gender, or class, or race. From the celestial realms, color is not a factor impacting the extent to which a true spiritual knowledge base is accessed.

For the purpose of this written work, there will be an examination of celestial prophecies as celestial teachings, in order for people to learn the true meaning of their existence—without limitations and without artificial boundaries imposed by the human mind. For example, each human being is here because of a spiritual decree, while one's parents were the human counterparts that enabled one's soul to be incarnated in the flesh. A spiritual decree led to conception. One is more than their flesh, and the current understandings of their mind.

### **The Meanings of Celestial Prophecies**

Celestial prophecies may also be thought of as facilitating the manifestation of a condition and journey and path. Of note, human beings can live in a condition, or may be seen as journeying on a path that represents the manifestation and fulfillment of celestial prophecies. It is important that we shift to the level of awareness where we can witness such human activity. Each time a celestial prophecy is fulfilled there is an expansion in human consciousness that is made possible. The actualization and realization of this expansion in consciousness is a very important objective in offering this discourse on celestial prophecies. A human life can embody the fulfillment of a celestial prophecy or become an instrument of prophecy, while also facilitating an expansion in the consciousness of others.

A goal in offering celestial prophecies is for human beings to achieve a state of surrender and commitment to what is in the heart. It is what is in the heart that must drive human beings. Those who learn to be driven by what is in their heart can readily become the instruments of prophecy. They may not know or understand how they are able to accomplish their drive; but, they are aware that they are guided by a higher force. Whatever is achieved by them impacts the lives of many human beings, as they are driven to accomplish. They end up impacting others in many different and profound ways. Through the actions and impact of these human beings, one can begin to witness what is meant when it is said that celestial prophecies may be thought of facilitating the manifestation of a condition and journey and path.

Such human beings are the fulfillment of celestial prophecy in action, as instruments of prophecy. To some these people are looked upon as "stars;" or, from a celestial prophecy point of view, they are "star people"—suggesting their connection to and use by celestial bodies and forces. A valuable use of time is to make a list of such "stars." These stars have effectively manifested the fulfillment of celestial prophecies, or served as instruments of prophecy through their accomplishments.



Who are the stars that come to mind who represent that requisite state of being driven by what is in the heart, or of being guided by a higher force? Who has effectively embodied what it means to "Be your higher Self!"? Who are the stars whose lives represent the fulfillment of celestial prophecy? Who has lived as an instrument for the manifestation of prophecy? Who are the stars whose lives have impacted so many on a level not consistent with a normal line of human achievement? Instead, their impact upon so many, in so many different ways, can best be understood via the concept being offered here: that their line of achievement was the fulfillment of a celestial prophecy by virtue of their condition and journey and path; and, that their achievements had to be guided by a higher force, while they mastered a commitment to what was in their heart.

### Fulfilling Prophecies: From Newborn Life Streams to Collectives of Humanity Holding Images and Pictures of Outcomes to Manifest in Reality

For those who might ask the dimension from which Nana Asi Ketewa is speaking in bringing forth this information, it is the third quarter of the heavens, where there is less activity than on other levels. The third level is where the prophecies are stored and those watching the affairs of human beings reside to take account of what is happening on Earth. This is where the Ancestors reside or dwell, on occasion, before they choose their area of governance. It is also the place where the affairs managed include matters involving the new life streams or children to be born. These affairs include the preassigned roles that the newborns bring to the planet, enabling them to fulfill their prophecies. This is the place Nana Asi Ketewa is speaking from, in bringing forth this information on celestial prophecies.

Imagine that there is a code language of images and the images hold the pictures of the outcomes that will manifest. At times, it can take 30 years to 500 years to complete the picture. And,

there are stages, just as we know stages of development here on Earth; there are stages of manifestation in the land of images.

It is masterful for a human being to create through images. Have you recorded your images? Make it a habit to take time for creating images of what you want to manifest in reality.

### Here is an image for the harmony of all human beings living together on Earth:

The heavens are of vibrant colors of pink, blue, gold, and silver. There are no fumes and gray vapors. Below, there are groups of multi-colored people standing together of all different hues—people of all colors, sizes, and shapes. The land is blanketed in green and flowers of many colors. People speak in whispers with smiling faces. They look to the heavens.

What is the celestial lesson or prophecy in this image that might takes years to complete or manifest? That the Earth can be a place of abundance with all the diverse people living in harmony, while recognizing their sameness. The Earth can be a place where the fruits of labor are shared and benefit each and everyone present on the planet. In the image, the body of humanity is standing together as one—huddled in harmony, and totally free of any worry.

What is the benefit of large collectives of human beings all manifesting together this image, holding this picture and completing the picture across years? An end to suffering! This is the power of mastering the celestial teachings or celestial prophecies being offered here, and, specifically, the creation of images.

Prophecies are born of the times. Not all prophecies are pre-recorded or stored on the third level. And, only some prophecies have been written down. Yet, there is great promise and power in collectives of humanity holding images and completing pictures across years. Prophecies may manifest.

Meanwhile, the babies to be born are selecting roles of purpose to play in their coming lifetimes. Of course, not all of them make it. But, they see the world as whole without flaws; and, those that successfully come forth will assist with the manifestation of what they see. They will contribute to the process of collectives of humanity holding images and completing pictures for what will manifest.

All these writings will assist them in fulfilling the prophecies for their lives, as they take up their pre-assigned roles. Thus, so much of what happens on the Earth is pre-destined and pre-arranged. These pre-assigned roles encompass human beings' true purpose: to be co-creators with celestial forces in the environments where they live. The taking up of these roles also facilitates a transformation away from a consciousness of destruction.

### **Toward a New Expansion and Shift in Consciousness**

Thus, we are on the edge of a major shift in consciousness. As more people become aware of their self-worth and true dimensions, the information coming forth will be more beneficial. Even though, to some, it will be a new way of thinking, actually, it is an old way of thinking. This new consciousness encompasses the Supreme Being, the heavens, the unseen forces, the stars, and the planets.

Take into account how what human beings are currently commonly experiencing is not the only reality or realm of existence. And, all things that exist are inter-connected. What happens in one world affects the other world—especially, as it pertains to the celestial arenas.

Consider that human beings can communicate with stars and planets that are light years away—because they do exist. Even human thoughts are parts of conversations that are spoken on planets that are light years away. Just as a light beam is far away, it can penetrate and be seen in many places: it is the same with thoughts. There is truly nothing new under the Sun.



Whatever does, they must not mistakenly feel that truth can only be revealed in one place. But rather. there are many dwelling places that are open to the truth scattered across the many planes existence. So, someone can echo your thoughts; and, the very ideas you have can be experienced by someone else; they can also have that same idea. Why? This is the time when worlds

readily merge into one, coming together. The words and messages being shared can transform a person's way of seeing the world, and foster an expansion and shift in consciousness.

There are wonderful things to see when worlds merge into one. Thus, this information is to be shared so all may rise to higher heights and achieve expansion in consciousness. The world is not flat or round, but the shape changes through the lenses of the observer. Right now there is a psychological shift happening in the world, or a paradigm shift; and, humans are searching for answers. Discussions are leading to greater depths of knowledge. The concept of right and wrong does not accurately apply to true knowing. With regard to the vast pool of information, when one thinks within the parameters of right and wrong, then their thinking and level of knowing is limited; one finds themselves in constraints that serve as a prison for their thoughts, while limiting expectations for their own personal potential. Thus, we will not speak in terms of right and wrong, but rather of information being received from every sphere of existence at the same time. This is consistent with worlds merging into one. Consequences of disseminating this information include expansion in human consciousness.

### **Understanding a Very Fine Synchronicity**

The desired expansion in consciousness will allow humans to see that their lives are not structured by human beings. There is a way to conceive of all of the spheres of existence from which information may be obtained. Here, we may speak of the dimensions involving the heavens, the Earth and what is beneath the surface of the Earth, as worlds below; all are manifestations put into place trillions of years ago. To say that human life on earth is controlled by the stars is an inaccuracy. The condition of the stars, earthly plane, and what is beneath the earth function in a very fine synchronicity. Collectively, these influences allow for things to manifest in the appropriate moment. To chart the activity in the environment that will manifest on the Earthly plane, you can use the stars to forecast what will be presented. What is beneath the Earthly plane encompasses a world unto itself. Many life forces have taken refuge underneath the earthly plain. The Earth or the world, as we think we know it, is not solid, as so many believe it to be. Instead, we can speak of worlds within worlds.

The synchronicity and balance of the worlds above and below matters the most for human existence. One must see themselves in the center of the three worlds. There are levels to the heavens and the worlds beneath Earth. This fine synchronicity leaves nothing to chance. This must become common knowledge.

The physical world is comprised of gases, electrical currents and stages of beings in their evolution—all making up what we call nature. No living thing is fixed; each living thing is in perpetual motion. It is important to relate the capacity of human beings to create images and pictures, or to manifest reality, with the physical world. Indeed, what we believe is happening in our lives will soon manifest. In support of this, there is a sense of becoming which all human beings and all living beings encounter when they take on a physical form.

Human endeavors and evolution do have an impact and can shift this reality. Sometimes things move to extremes, or imbalances manifest. Chaos can also manifest. Chaos partly reflects a quest that arises from an egotistical place in the human psyche. Other than that, there would be a free flowing harmony among diverse human beings, as well as abundance on planet Earth, which would be readily shared—bringing joy and satisfaction. This takes us back to the prior image offered for the harmony of all human beings living together on Earth.

### Toward the Unification of Humanity: All Creation is "One"

As suggested by that prior image for the harmony of all human beings living together on Earth, one celestial prophecy is for the union of humanity. Within this prophecy, all races will be recognized and feel a part of all other living creatures in the Earthly environment. The manifestation of that period is upon humans now.

Human beings must open their hearts to the stars—open their hearts to the heavens, in order to conceive the vastness of life's existence. This includes accepting that which is of the celestial realms, going beyond the current Earthly plane. In addition, this means accepting that all of creation is "one." To accept these truths is to move toward the achievement of true liberation; this also involves becoming removed from external appearance. To merely see the external environment, as it may appear, and to accept this as one's reality is to have a limited experience; this experience is worthless in terms of facilitating one's own individual expansion and connection with the creative force that has granted one life. The goal is for each human being to become a protector of life, and to see the state of being human as a sacred condition, in order that the coming together is smooth, or the process of unification of humanity occurs easily.

Now, there is great resistance to human life coming together as "one." Those individuals with the capacity to envision this process of unification must continue to see life merging and coming together as a whole. They must hold and sustain this image as a collective on behalf of humanity. Those with the requisite awareness must not supply others with concepts of being separate or fragmented, while avoiding a focus on states of separateness. In other words, the goal is for each person to become an optimist with regard to human life and the possibilities for unification, as well as for the possibilities of overcoming states of separateness and division. The goal is for humans to be "for life" and to live life fully in the present.

### Achieving an Expanded Conception of Life: Going Beyond the Physical Body

Because human life is fragile, it is through an expansion of one's spiritual life that human life can become strengthened. Human beings must find their strength in a spiritual life. Why? Because, from within the spiritual realm, the heights of the celestials can be reached; this includes all that this spiritual connection, expansion, and awareness makes possible. This includes being the manifestation and fulfillment of celestial prophecy as a condition and journey and path of life. One can be a star. For this to occur, human beings must move beyond any current conditioning that their experience and reality is limited to that which can occur on the level of their bodies; instead, human flesh may be seen as temporary and just one dimension of what may be considered life. The limitations that human beings possess because of thinking of themselves in relation to human flesh must be released. Human advancement requires relinquishing such conceptions, for one must not remain trapped in a human prison by virtue of conditioned beliefs.

Many human beings feel that their bodies are more valuable and important than their souls, because they cannot see their souls. Thus, they adorn their bodies and seek to satisfy the desires and yearnings of their bodies. They do not make time to listen to what is within the body—to connect with the soul located within. Instead, the focus is upon all things to satisfy the needs of the body. Because of this, there is rampant disease and suffering from physical ailments. There is greed. There is obesity. There are sexual crimes and sexual illnesses. Many humans have become slaves to sex and to the pleasures of the body, which are merely their physical vehicles. This all represents error.

### The Restoration of Balance through the Era of Transformation

There are countless ways of bringing this error into balance, such as through an era of transformation. Balance will be restored in the current era of transformation. The current era of transformation requires that all life and all parts of creation be transformed to resonate at a higher vibration. There are many ways that this transformation will manifest. The possibilities include the forces of Nature working to achieve balance. Nature, as it is known to human beings, is the strongest force manifested on the Earth. The transformation and changes that must appear cannot be averted by humans. The transformation that must happen is being orchestrated on all levels of existence. For example, the balance between land masses and waterways has been greatly disturbed by human beings and their quest to create civilizations. There are places where there are concrete structures and iron braces that must be removed in order that the balance of the Earth may return. There are places that have been made dry by human beings that should be wet with bodies of water. Human constructions can only last for a relatively short period of time; eventually, the diverted waterways will resume their natural places, for example. This is part of the transformation to come.

To give an illustrative example, a human being wears a shoe. When the shoe is an improper size, even though it can constrict the person's foot, in order for it to be worn, there is much pain and suffering; there is much damage to the foot and to the shoe that is constricting. In a similar way, the Earth must breathe, and there will be transformations in order to reclaim the balance.

A celestial prophecy speaks of the wisdom in these times, of the wisdom that is holding our children; those children who are nurtured with acceptance will speak with a profound knowing that all things are in order. They will possess great clarity and poise as they witness the transformations. They will also view life and the transformations with the clarity that life is in fact joyous and simple. Children held in this wisdom will demonstrate how, during the period of transformations, life can be lived without fear and with joy. It is the mind that has the capacity to create either states of joy or sorrow. Indeed, every phase of life has two sides: the side that you see and the side that is hidden. Yet, these two sides co-exist. It is said that children will lead humanity in the days of transformation, because the destruction of the past is not engraved in their awareness. They see only hope for the future. They see solutions for problems as near, tangible, and realizable--and not as something far away, or unreachable; instead, they will see solutions as easily accessible. Those living in the midst of such children are blessed. Yet, children alone are not the only ones who can acquire the wisdom needed for these times of transformation.

The heavens and the celestials are calling for a greater awareness for *all* people. The intent is for each person to be privy to this information. Acceptance is vital for this period of transformation. Accept the ease of life. Accept the imbalances in life. If one achieves the desired state of acceptance, then one can avoid the potential shock of the transformation.

### A Practical Guide for Coping: Attaining States of Joy and Inner Peace

Human beings must learn to go to a place of profound joy, including attaining states of inner peace. This is a place of openness, light, breath, freedom, and a space to which one should go on a frequent basis. One can go to this place by being still and shutting out noise, as well as by shutting out the activity of the mind (e.g., meditation). Each person should explore and pursue this condition of

peace, learning what it means to be in peace, while learning to accept that such peace exists—especially when coupled with states of silence, which allow one to readily go to the place of inner peace.

Contemporary imbalance reflects how peaceful places have been disrupted and few human beings genuinely and regularly experience a place of peace. Their very souls are disrupted. Their spirits are disrupted. Their minds are disrupted. Their environments are disrupted (i.e. including via an abundance of concrete structures).

Have you ever seen a river that is still? Herein, there is an example of how there is always movement in life. There is a breath to life—a perpetual inward and outward movement of life force. Can you see how so many objects constructed in the environment, and things made of concrete exist in states that are contrary to or the opposite of the perpetual movement that is part of life? There is so very much that has been constructed out of substances such as concrete; indeed, so much so that all things are out of balance in the contemporary environments in which so many human beings now live. Can you see that this is the time of transformation from imbalance to balance? (Yes?) Then, you do not have to be shocked as the transformation unfolds. Instead, you can master, as preparation, attaining states of inner peace, going to that place on a regular basis.

### **Understanding the Purpose of Life**

The energies that created us are there to guide us and assist. There should always, therefore, be an expectation to receive ongoing information to foster our enlightenment and development. The purpose of this development is for humanity to truly fulfill the purpose of an Earthly incarnation into being. The human activity that one experiences has a purpose in supporting the full realization of the purpose of one's incarnation. Incarnation is just one step on the journey and path to the achievement of ultimate perfection. Life becomes a climb toward one's ultimate perfection.

Indeed, each one's life is designed to reach perfection. If one chooses perfection as their goal or as their attainment in this lifetime, then those experiences which serve to expand and develop them will then come quickly to them. As a result, there are more and more opportunities for that climb toward ultimate perfection. Opportunities for expansion in development are readily available on the Earthly place. We should not retire from or disengage from the search for and attainment of perfection. This ultimate perfection includes every dimension of self: the emotional, spiritual, and astrophysical. Perfection on all dimensions can be attained!

### **Understanding the Purpose of Pain and Suffering**

One should not view pain, suffering, disappointment and doubt as the natural conditions of life. Instead, they are intended to serve a specific purpose: they serve to bring opportunity and to spark the drive necessary for the attainment of perfection. All that is being presented in life in the way of painful experiences and obstacles are to be used to create a new drive, and must be perceived as such; they can all be seen as opportunity for development— when one's mind is open. The development and attainment of perfection is the goal that each person should seek to obtain, serving to fuel their quest in the areas of career, relationships, and, indeed, in all areas of life. Pursuing perfection should occur without in any way impairing or hampering anyone else's path for the attainment of perfection. There is a sense of co-existence with other human beings that is needed in order for true development and true expansion to occur.

The human condition as we know it has been infused with destructive information on all levels. This has caused much suffering and much pain. This destructive information is derived from human beings exerting domination over other human beings and life forms. Domination is equal to destruction. As a result, a necessary emphasis is placed upon pursuing one's development and quest for perfection without hampering anyone else's path for the attainment of perfection.

### **Assistance is Available**

Fortunately, there are instruments, tools and assistance readily made available to support the quest for perfection. These instruments and tools are the same for all people. The application of these tools is defined by cultural norms or structures which are greatly influenced by the environment. Culture is a tool, an instrument for cohabitation in a close environment. One universally available tool is intuitive knowing—which is necessary for this development and expansion. One of the goals of the enlightened one (or the one who has accepted the road to enlightenment) is to practice quiet reflection (or meditation). This involves achieving the aforementioned states where outside stimuli is closed off.

One can tune into that state of fine synchronicity shared between the stars, earthly plane, and what is beneath the earth. One can tune into and resonate with the worlds, above and below. All living beings have this capacity to achieve this state of internal resonance, as well as an inner intuitive knowing. For some, this intuitive knowing is coupled with being able to receive communications from other forces that one has aligned with. These alignments can be used for beneficial purposes, particularly when the forces are of a beneficial character.

Of note, there is a plane of chaos, yet discussion of this is being avoided. Some images and information about chaos is damaging, so there are signs of caution being given. There are, for example, divine forces that have made the choice to serve human beings in a way that is beneficial, serving to strengthen humans, while also providing nourishment, healing and protection; this can be thought of us another vital tool and assistance.

With regard to the instruments, tools, and assistance available to foster the attainment of perfection, the divine forces that have made the choice to assist human beings can be counted among these. The provision of images for the fulfillment of prophecy also represents assistance. For example, one can also see life as a watering hole, the source of which cannot be seen, yet the nourishment and the longevity in what is provided through the watering hole is akin to what is needed for the attainment of perfection. Thus, it is recommended that one sees this life as such a watering hole, as a place to gather and to experience renewal, camaraderie, entertainment, as well as for the attainment of new ideas and wonderful experiences. Hold this *image* and it will manifest. Live this life with the expectancy to gain a gift, a wonderful gift, and to have a wonderful experience and it will manifest. So it is!

### **Conclusion: The Purpose in This Offering**

The purpose of the outpouring of the present information is to facilitate a much needed paradigm shift. The purpose is to foster human beings coming into alignment with the larger picture of what is really going on at this time on Earth. There is much around us that supports our lives and development. However, so many of the things we see around us are not here to support our evolution and the purpose of our life on the planet. Human beings are surrounded by and bombarded with images and symbols—as things that most people have accepted as part of a fanciful environment or pleasurable world; yet, in actuality, these are things misperceived as having value in our lives, while serving to affect us in a much deeper way. Hence, a purpose in this offering is to bring about a more thorough or deeper way of knowing; and, to reveal how there are opportunities for experiencing a kind of satisfaction that allows us to feel invigorated, inspired and whole. It is true that, just as the body needs wholesome food for fuel; so does the mind, spirit and other aspects of our being need nourishment. However, the lifestyle that so many people hold to, today, lacks the ingredients needed to satisfy human beings in a spiritual way, or in a way that meets the soul or core needs of one's being.

This information is coming from a source that is not looking at external properties, but rather the core of our being—a place of images reflecting who we really and truly are; images that codify the prophecies as decrees for our being and becoming as human beings. So, for many, this information will be very satisfying and gratifying; and, to others this information may be absurd, because it is at the opposite end of what they have accepted as true reality. The information will be satisfying and gratifying for those who are seeking to be satisfied on a core level and for those who are dissatisfied

with what is going on in the world around them today—especially the inhumanity to man and the violence and destruction that many people on the planet are experiencing now.

This inhumanity, violence, and destruction are part of the chaos mentioned earlier. Yet, chaos also means an opportunity for opening the gateway or doorway to new information, new prospects and new ways of being. Those who know how to use chaos are able to create long lasting effects for whatever the proposed outcome. Chaos demands attention. Chaos requires one to make a decision. Chaos has to be attended to.

There is no nice side to chaos; it never looks pleasing and it never feels soothing. It always has a disruptive initial effect. And, one who can maintain calmness in chaos has obtained mastery of self, or at least the appearance of having mastered self (having mastered the emotions or expression of emotions).

Whether we like it or not, our contemporary world is the space within which each person has to make a decision about what they plan to do with their lives. What do you want to accomplish—other than material wealth and accumulating artificial items that are only representative of an artificial wealth? Answering this question and making one's decision equals having a purpose; because of the level and potential for chaos how one answers this question and the decision they make is of the highest importance. When a space is consumed with chaos there is mayhem. Great effort has to be given to bring forth order, to organize energies and forces to bring about calmness. This is the contemporary space (time) in which much of the ancient information is surfacing—as through this written material. It is a time when the information is open for access to everybody. It is not only for a dominating few. Many deceptive tactics and lies are being promoted to confuse those people not in positions of power. Confusing people is the way the dominating class seeks to maintain power; this is a condition of war. It is like being on a battlefield and there are battles going on without arms and weapons.

This is also a space for great self development and introspection. One should not delay the personal work required to be a clear receptacle for the information all around us. This is also the space in which we must practice oneness and encourage each other to rise to our highest potential. Even though there is much bloodshed and loss of life occurring at this time, the Great Spirit is rising. There is actually a wonderful manifestation that is happening on all levels of existence at this time. The introspection that is being encouraged for each person to pursue (e.g. meditation) is so that images from past experiences can mirror the experience to come; and, these images should only be used for that

purpose.

Finally, the contemporary task before us all is as follows: to image, picture, dream or envision and project ourselves into the areas and places we want to be, and engaged in the activities that we want to experience; and, to willingly and openly move towards those things on our path that are there for us; and, perhaps, in the process, achieve fulfillment of a prophecy for us as our condition and journey and path. Thus, in conclusion, I offer once again an image for the harmony of all human beings living together on Earth:

The heavens are of vibrant colors of pink, blue, gold, and silver. There are no fumes and gray vapors. Below, there are groups of multi-colored people standing together of all different hues—people of all colors, sizes, and shapes. The land is blanketed in green and flowers of many colors. People speak in whispers with smiling faces. They look to the heavens.

Excerpts from a forthcoming book, Celestial Prophecies: Ancient Wisdom From Nana Asi Ketewa, by Nana Akomfohene Korantema Ayeboafo, based on information provided by Nana Asi Ketewa (see photo), The Okyeame of the Nene Akonedi Shrine of Larteh-Kubease, Akwapem, Ghana, Africa

### Manifest Something Divine in 2009! WHAT DO YOU CHOOSE?

By Nana Korantema Ayeboafo

(Reprinted from the December 2006 BiakoYe Newsletter)

While it may be asserted that some among us are in chaos, the question arises as to whether or not there is a way out of chaos.

Many people live in homes where all they know how to create is chaos. There must always be fighting, high drama, and conflict. Their personal cycle may include resolution of that conflict, yet they are compelled to always respond to any challenge with a combative energy, yelling, and screaming.

Consider the prescription for getting out of chaos, or manifesting any preferred reality: Speak Truth to Power." What does this mean?

First, there is a thought. Then we speak it. For example, "I am going to\_\_\_\_; I am\_\_\_; I will\_\_\_\_\_; There will be\_\_\_\_\_. Next, we act it; we act as if; we are, in effect, in a state of profound expectation, given what we have thought and spoken. Next, it manifests. In short, there is the formula for manifesting any preferred reality, or for Speaking Truth to Power.

There are certain principles operating with regard to this formula for manifesting any preferred reality or for Speaking Truth to Power. These principles are as follows: 1) Whatever you say becomes the reality; 2) This reality is the truth and you give it power; 3) Whatever decision you make (mentally, as a thought, and is spoken aloud) becomes manifest; and, 4) This reveals the power that you have.

For example, consider a relationship. If you speak of peace and harmony, then that is what you have called forth. If you choose and decide to have something, and that is what you are speaking to power, you are calling it forth and it will manifest. In this case, a relationship characterized by peace and harmony has been called forth and manifests. Alternatively, if you speak of something negative, that is what you have called forth—and you will end up in pain in that negative reality that manifests

Human beings are of a spiritual nature. When you speak truth to power, you align yourself with the spiritual reality that you are already in a relationship with; and, that brings forth the manifestation. Positive and negative exists in the world; and we can make either manifestation; we can align ourselves with either one. It is our choice and decision ("there is real and then there is real" to quote Nana Boafo Tigare).

There is a positive reality that we manifest as co-creators with Divine spiritual forces; or, there are those realities we make our truth by alternatively speaking that truth and that reality into manifestation.

What do you choose?

There has been a shift in awareness. For example, more spiritual information has been released and is accessible to human beings. But, this shift in awareness has not changed the human condition. It is up to human beings to change, to rise, to become empowered. Human beings must rise to take responsibility for the human condition. Human beings must start consciously deciding what to manifest that is creating the human condition (i.e., what is real, what is their truth, what they experience daily as the conditions of their life which they have created). To know (i.e., possess awareness, information, expanded consciousness) is to be responsible.

You can choose to take responsibility for what you manifest. You can choose to speak truth to power as a conscious act.

Speaking truth to power is a process. Here, "speaking" is the act of taking internal thoughts and raising them to the level of a vibration that goes forth as energy—moving toward the manifestation of what is being called forth, or moving toward the manifestation of what will be "real" and your "truth." Here, "truth" is what will become true and manifest in reality based on what you are choosing (ideally, what is positive is spoken of, decided upon, and called forth). Here, "power" is a place, position, and stance you arrive at as a human being aligned with your spiritual nature and spiritual forces. Power does not represent powerful, dominating, oppressive bureaucracies such as the people in charge; it is not a

"them" outside and above you. Nor is it about you having power where you are dominating, oppressive, or above others. Speaking truth to power allows you to arrive at a place of personal empowerment. Personal empowerment means achieving a state of being where one attains mastery and competence in manifesting reality.

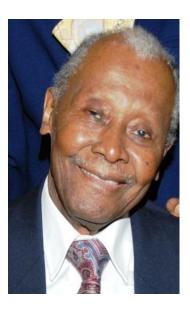
In choosing to manifest a positive reality there is also a key role for acceptance. Accept that states of being and things are for you. Think "They are mine. They are for me." Think they are yours versus desiring things and going after them, and in the process of longing for them, potentially encountering obstacles (e.g. such as remaining in a perpetual state of longing). When you accept that something is yours, then you draw that thing to you, and it manifests as yours. So, start with the thought of accepting something is for you, then act as if it is, expecting the manifestation.

However, other elements are also key to the process of manifestation. Be aligned with your higher self, as a condition for what you accept is yours actually being drawn to you. There is also a role for discernment of what is good and of value and what is not (e.g. trinkets); discernment is vital in choosing what to manifest. Also, is your choice of what to manifest arising from a place of awareness or the domain of an expanded consciousness? Also, are you appreciating how you are a filter? You are not your mind or your body, but a filter—potentially for something greater than you acting through you, or co-creating with and through you. For example, do you choose to be available for use by divine forces? Similarly, consider what is an expedient use of your energy; or, consider what you choose to spend your energy doing.

What do you choose? Choose the action of consciously speaking truth to power so that what you manifest is positive, aligned with your true spiritual nature, and aligned with the spiritual realm; literally choose to co-create with God and divine spiritual forces. **Be Your Higher Self!** 

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Representing so many from the StarSpirit Family of donors, pictured above are: Cynthia Wallace—the contributor of the StarSpirit Scholars motto and theme; Uriel Wallace, Jr.: and, Mr. Jesse Branson—the most loyal long-term donor in our past 10 year history. May you all enjoy good health and longevity! We keep you in our prayers!

## BICKOYES NEWSLETTER



- \*\*StarSpirit International, Inc. 10th\*\*
- \*Anniversary Commemorative Issue\*

### 10 Years 1999 - 2009

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### **SPECIAL ISSUE**

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# Manifesting Something Divine in 2009!



Pictured, above, are 4 of the 37 StarSpirit Scholars being supported across the 2009-2010 academic year by sponsors in the United States through StarSpirit International, Inc.. This is the 5<sup>th</sup> year of the StarSpirit Scholars Program—as just one example of the many success stories that are a part of the reason for celebrating the 10 Year Anniversary of StarSpirit International, Inc. Each year, our sponsors receive a photograph of their StarSpirit Scholar(s), as part of a thank you card sent out by StarSpirit. This year, it costs \$180 to sponsor a StarSpirit Scholar, as an ideal Holiday gift for someone you know—a gift that keeps on giving year-round!

We are so grateful here at StarSpirit! Imagine a vision turning into a mission, and having a 10 year record of success! This special 10 Year anniversary issue celebrates all that we have accomplished as the blessing of sustained service to communities in the United States and Africa.